

IFSC EUROPEAN REGULATION

CONTINENTAL CUPS



INTERNATIONAL FEDERATION OF SPORT CLIMBING

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1. INTRODUCTION

The IFSC World Cups regulations shall be used for the IFSC European Cups. The current document only outlines the amendments of IFSC World Cups regulations for IFSC European Cups.

1.1. Each EC should include competitions in the following disciplines:

- (a) Lead (IFSC CR-WC / Annex A).
- (a) Speed (IFSC CR-WC / Annex B).
- (b) Boulder (IFSC CR-WC / Annex C).

1.2. Each EC competition shall not last longer than two (2) days

2. REGISTRATION & QUOTA

2.1. Member Federations may register, within the relevant deadlines, Team Officials for one of the following roles:

- (a) One (1) Team Manager
- (b) Number of coaches per discipline:
 - (i) EC Lead: 3 Coaches
 - (ii) EC Speed: 2 Coaches
 - (iii) EC Boulder: 4 Coaches
- (c) Up to two (2) qualified medical or para-medical personnel.

2.2. Member Federations may register as competitors per Category:

- (a) up to three (3) competitors in each relevant discipline and gender
- (b) up to one (1) competitor in each discipline and gender, for the top 10 National Federations of the European Cup Team Ranking.
- (c) the host federation shall be entitled to register an additional four (4) competitors per gender in each relevant discipline.
- (d) Exceptionally, other spots might be open to athletes from different Continental Councils with a valid IFSC license, subject to validation of IFSC Executive Board with the following limitation:
 - (i) Maximum two (2) athletes per gender and discipline
 - (ii) Athletes from other Continents are allowed to reach the podium and take part at the day victory. Competitors will always be ranked in the result for each relevant competition.



- (iii) Athletes from other continents will not be awarded Ranking points for any IFSC rankings.

3. RANKING, MEDALS AND PRIZES

3.1. Competition Rankings, medals and prizes

3.1.1. On completion of an EC competition:

- (a) The competitors ranked first, second and third in each Category and discipline shall be awarded gold, silver, and bronze medals respectively.
- (b) A European National Team Ranking shall be calculated for each discipline of the competition, using the same methodology as IFSC World Cup National Team Ranking. No podium ceremony shall be organised for the European National Team Ranking
- (c) Event Organisers may, if they choose, award prize money. Where such prize money is awarded, then at least all competitors ranked first, second and third in each Category and discipline shall be awarded (more to the first, then second, then third, and so on)

3.2. Cup Rankings, medals, and prizes

3.2.1. Individual Cup Rankings shall be calculated separately for each discipline and Category

- (a) where at least three (3) competitions have been held in that year or
- (b) where two (2) EC competitions and any ECH competition in that discipline have been held in that year
- (c) For the avoidance of doubt, the results of any ECH competition shall only be counted toward the Cup Rankings where less than three (3) EC competitions have been held in any Category and discipline.
 - (i) The competitors ranked first, second and third in each Category and discipline shall be awarded gold, silver and bronze medals respectively.
 - (ii) The competitors ranked first in each Category and discipline shall be awarded a competition trophy.

3.2.2. European National Team Cup Rankings shall be calculated for each Category and discipline using the methodology set out in the IFSC Rules for the calculation of World Cup rankings, with the following adaptations:

- (a) The three (3) best EC competitions shall be counted.



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- (b) When only two (2) EC competitions have been held, the relevant ECH competition shall be included in the calculation of the Cup Rankings.
 - (c) For the avoidance of doubt, the results of any ECH competition shall only be counted toward the Cup Rankings where less than three (3) EC competitions have been held in any Category and discipline.
- 3.2.3. A separate individual EC Cup Ranking shall be calculated for the athletes belonging to U21 category (including U19 age category)
- 3.2.4. Any tie for first place in the Cup Rankings at the end of the season shall be resolved in accordance with the IFSC Competition Regulations for WC

4. COMPETITION FORMATS

4.1. Lead

- 4.1.1. EC Lead competitions shall take place over three rounds, a Qualification, a Semi-final and Final (with respective fixed quotas of 24 and 8 competitors in each Category) and shall be conducted in accordance with the relevant IFSC Regulations for World Cups – Annex A Lead.
- 4.1.2. No cleaning break in the Semi-final round.

4.2. Speed

4.2.1. Brushing regulations

- (a) The Cleaning breaks of the Speed route will be decided by the IFSC Jury President. The regulations shall be communicated before the start of the competition at the day of the Technical Meeting

4.3. Boulder

- 4.3.1. EC Boulder competitions shall be organized over three (3) rounds for each category and shall be organized in the format specified in the IFSC Competition Regulations for World Cups Annex C – Boulder Events with following modifications:
- (a) a Qualification round in the flash format consisting of two courses (A and B) of three (3) boulders each course and will be organised with one (1) starting group and a respective fixed Semi-final quota of twenty-four (24) competitors.
 - (b) a Semi-final and Final round in the format of the IFSC-WC Series Semi-final Format consisting of a single course of four (4) boulders, with a respective fixed Final quota of eight (8) competitors with following modifications:
 - (c) The starting order for the Qualification round will set out as follows:
 - (i) for Course A, by random selection, and



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- (ii) for course B, in the same order as for course A but staggered by 50%
 - (iii) for each subsequent round, it shall be the ranking from the relevant preceding round, i.e., the best ranked starter last. (In case of tie from the preceding round, the European Ranking will be used as a tie breaker).
 - (iv) There shall be a minimum time gap of not less than 50 minutes between the completion of a competitor's final boulder on their first course (A or B) and commencing their second course. (A or B)
- (d) The Qualification, Semi-final and Final rounds will be organised as a series of attempt rotations for each boulder including:
- (i) A preparation period of fifteen (15'') seconds and
 - (ii) A climbing period of four (4') minutes for qualification and four (4') minutes for the Semi-final and final round
 - (iii) No extra observation time is given in the qualification round
 - (iv) The Semi-final and Final round shall be preceded by a collective observation period of eight (8) minutes for all boulders. It is free for every athlete to determine the time and order for each boulder